

# LOUISIANA PAIN

QUARTERLY | Vol. 29

## PAIN RELIEF DOESN'T ALWAYS HAVE TO COME IN A PILL

Serious and chronic pain can be debilitating for patients no matter how many pain relief pills they try.

## RESTORATIVE YOGA FOR LOWER BACK PAIN

## CHANGING THE GAME ON PAIN

Spinal Cord Stimulation offers superior relief for Chronic Pain







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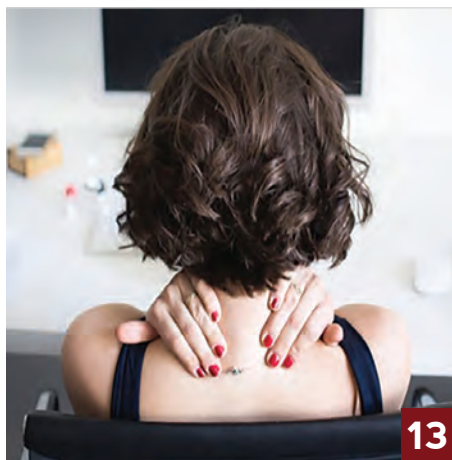
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Dr. Neil Jolly



Dr. Satvik Munshi



Dr. Tarun Jolly

# WELCOME



When the days are longer, it's fun to go out and exercise but for those suffering from pain, it can offer many challenges. As people become more active and social with the warm weather, pain control is everything. If you're experiencing any type of pain, there is hope: We offer a wide variety of treatments and procedures that are personalized just for your specific needs, so that you can be in good health and get back to living life to the fullest.

In this issue, you will find a citrus fruit salad to keep you healthy and fresh on page 12. We also suggest a few enjoyable activities in our "Happenings this Quarter" section. Find out more about new therapies in ground-breaking spinal cord stimulation technology that are uniquely offered at our practice. Along with our innovative therapies, read about restorative yoga exercises for lower back pain. This summer, stay motivated and let us know what Louisiana Pain Specialists can do to get you relief and get back to living.

We hope that you enjoy the nice weather and all that New Orleans has to offer, including a pain-free, healthy lifestyle!

## From our families to yours

Dr. Neil Jolly

Dr. Satvik Munshi

Dr. Tarun Jolly

And the staff of Louisiana Pain Specialists

## LOUISIANA PAIN SPECIALISTS LOCATIONS:

### KENNER

231 West Esplanade Avenue, Suite B  
Kenner, LA 70065

### NEW ORLEANS EAST

5621 Read Boulevard  
New Orleans, LA 70127

### NEW ORLEANS

3439 Prytania Street, Suite 501  
New Orleans, LA 70115

### MARRERO

4520 Wichers Drive, Suite 205  
Marrero, LA 70072

### METAIRIE

3434 Houma Blvd, Suite 301  
Metairie, LA 70006

CONTACT US: 504-434-7750 or [LouisianaPain.com](http://LouisianaPain.com)

# HAPPENINGS THIS QUARTER

## MAY 2017



**25-28** – New Orleans Wine and Food Experience

**26-28** – Bayou Country Superfest

**26-28** – Greek Fest

**26-29** – Memorial Day Weekend

## JUNE 2017

**3-4** – New Orleans Oyster Festival

**9-11** – New Orleans Pride

**10-11** – French Market Creole Tomato Festival

**18** – Father's Day

**24-25** – Louisiana Cajun Zydeco Festival

**30-July 3** – ESSENCE Festival

## JULY 2017

**1-3** – ESSENCE Festival

**4** – Independence Day French Quarter Fireworks

**TBA** – French Film Festival



**7-9** – San Fermin en Nueva Orleans

**14** – Bastille Day Fete



**18-23** – Tales of the Cocktail

**TBA** – Festivals

## AUGUST 2017

**1-31** – COOLinary New Orleans

**1-31** – Museum Month

**3-6** – Satchmo SummerFest

**5** – Whitney White Linen Night

**12** – Red Dress Run





**13** – Dirty Linen Night

**TBA** – NOLA Downtown Music  
and Arts Festival

**30- Sept 4** – Southern Decadence

## SEPTEMBER 2017

**7-9** – Labor Day Weekend

**11-17** – Restaurant Week

**14-17** – New Orleans  
Burlesque Festival

**23** – NOLA on Tap







# CHANGING THE GAME ON PAIN

## DR. NEIL JOLLY AND THE TEAM AT LOUISIANA PAIN SPECIALISTS ALTERNATIVE APPROACH TO TREATING PAIN

Chronic pain affects 100 million Americans, more than heart disease, cancer and diabetes combined. The debilitating disease is the cause for 40 percent of work absences due to back pain, second only to the common cold (50 percent). Chronic pain costs the nation more than \$635 billion each year in medical treatment and lost productivity expenses.

**Spinal cord stimulation**, also called neurostimulation, is an important therapy option for patients who have not been able to alleviate their chronic pain through traditional methods such as medicine or surgery.

Dr. Neil Jolly and the team at Louisiana Pain Specialists provide an alternative approach to treating pain via multiple types of spinal cord stimulation (SCS). With new innovations in this groundbreaking technology, SCS is changing the way many practitioners manage their patient's pain and patients can often see a reduction in pain by 50 percent or more. These different types of innovations in SCS are helping manage chronic pain and improving patient's quality of life.

**“Patient’s can often see a reduction  
in pain by 50 percent or more”**

### What Is Spinal Cord Stimulation (SCS)?

Spinal Cord Stimulation, or SCS, offers a treatment option for some of the estimated 100 million people who suffer from chronic pain in the U.S. SCS works by delivering small electrical pulses to the pain sensing pathways of the spinal cord, effectively altering the pain signals traveling to the brain. SCS is typically prescribed for the treatment of pain of the back, trunk, or limbs. It is most commonly used to treat severe low back and lower extremity pain. Thousands of patients with severe chronic painful conditions have received relief with spinal cord stimulation.

### Overview of Spinal Cord Stimulator Systems

The key components of a rechargeable SCS system are leads, an implantable pulse generator (IPG), patient remote control, and a portable charging system.

- The leads are thin wires that deliver precise pulses from the pulse generator to the spinal cord.
- The implantable pulse generator (IPG) is an implantable device that features a rechargeable battery and other electronics that deliver the pulses to the leads. The pulse generator is placed surgically under the skin, usually in the buttock or the abdomen. The IPG is similar in function and appearance to a pacemaker.
- The remote control device allows the patient to turn the system on and off and adjust stimulation within parameters set by physicians.
- The charging system is used by the patient to recharge the IPG battery after it is implanted.

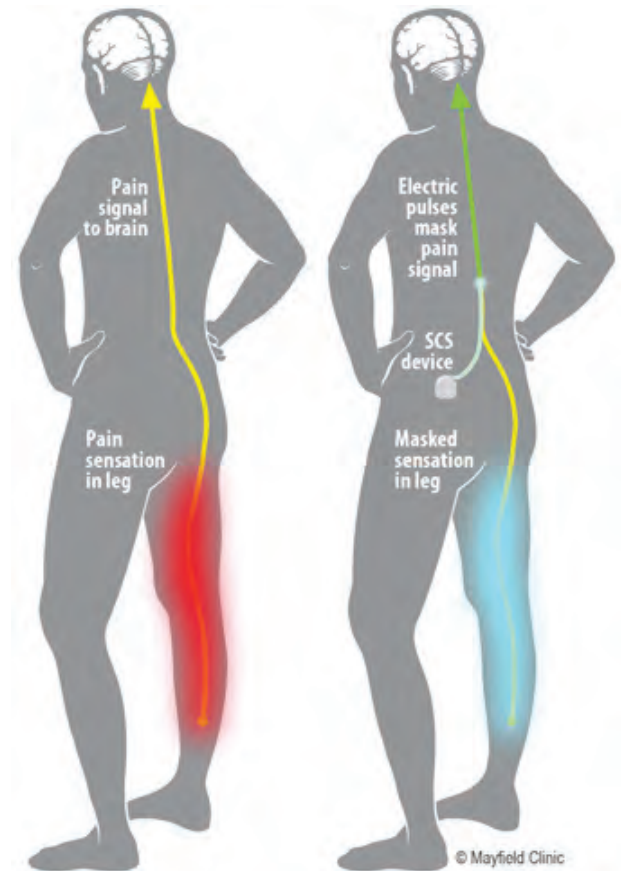
### Determining if SCS Therapy is Appropriate for a Candidate

SCS therapy offers an evaluation period: a candidate for SCS can test-drive the therapy during the evaluation period using a temporary external system. To trial the therapy, a minor procedure will be performed to place the leads in the candidate's back. Leads are positioned using a small needle. They are then connected to an external pulse generator that is worn on a belt for 5-7 days. During this period, the system's programs are adjusted and fine-tuned to

best alleviate the patient's pain. After this period the candidate will report to the doctor how much pain relief was felt. Together, the candidate and doctor can decide if SCS therapy is something they would like to continue to receive. If so, receiving an SCS implant is

**“Thousands of patients with severe chronic painful conditions have received relief with spinal cord stimulation”**

the next step. This requires a minor surgical procedure to place an implantable pulse generator (IPG) beneath the skin.



***A spinal cord stimulator works by masking pain signals before they reach the brain. A stimulator device delivers electric pulses to electrodes placed over the spinal cord. Modified by pulses, the pain signals are either not perceived or are replaced by a tingling feeling.***

# FAQS

## ON SPINAL CORD STIMULATION

### Q: WILL SPINAL CORD STIMULATION (SCS) ALLOW ME TO BE FREE OF PAIN MEDICATIONS?

Every person differs in how effective SCS therapy is for them. For some patients, SCS therapy may work well enough that pain medications are no longer needed. For others, success with the therapy can mean using less pain medication. With new laws regulating the amount of pain medication patient's can now be prescribed, spinal cord stimulation is the preferred treatment of choice for numerous pain conditions.

### Q: WILL MY INSURANCE COVER SCS?

SCS is covered by most health insurance plans, including Medicare, commercial payers, workers' compensation programs/personal injury, and other private insurance carriers. Insurance providers generally require pre-authorization for SCS. After determining that you are a candidate for SCS, our physicians and office staff will provide your insurance company the necessary documentation needed to complete the pre-authorization.

### Q: WHAT IF I DON'T FEEL LIKE MY STIMULATOR IS HELPING MY PAIN?

Neurostimulation is one of my favored treatment modalities because it is patient's centered. It is one of the few instances in the world of interventional medicine that

a patient gets to "try it before they buy it." This is because neurostimulation often is broken up into steps: a trial and, if successful, a permanent implant.

The trial is a relatively minor procedure that can be performed in an office setting or at a surgery center. It involves little more than placing an epidural needle, inserting the trial leads through the needle and guiding them to the proper location. Each lead is approximately the diameter of a string of cooked spaghetti.

### Q: HOW WILL I KNOW WHICH STIMULATOR IS RIGHT FOR ME?

Here at Louisiana Pain Specialists, we offer multiple types of stimulators. Ultimately the decision resides with a thorough discussion between the patient and the physician. Every stimulator has a focused mechanism of action and lining up the strengths of the device to a patient's pain generator will lead to a successful outcome. The following pages overview some of the therapy options we offer our patients.



### What is Dorsal Root Ganglion (DRG)?

Abbott offers the first and only neurostimulation device designed for dorsal root ganglion (DRG) stimulation. By stimulating the DRG, a spinal structure densely populated with sensory nerves that transmit information to the brain via the spinal cord, Abbott's system delivers a form of spinal stimulation that gives physicians the ability to treat the specific areas of the body where pain occurs. For patients with neuropathic chronic intractable pain associated with Complex Regional Pain Syndrome (CRPS) – conditions underserved by traditional SCS – stimulation of the DRG can provide pain relief when previous treatment options have not provided adequate pain relief.

### What is BurstDR therapy?

Abbott BurstDR™ stimulation is a physician-designed form of spinal cord stimulation (SCS) clinically proven to provide superior outcomes for patients with chronic pain over traditional SCS therapy. BurstDR stimulation was designed to reduce patients' overall pain and suffering as measured by patients who reported their responses to therapy with BurstDR stimulation through visual analogue scale (VAS) scoring.

### How does BurstDR stimulation differ from Abbott's DRG stimulation, and which patients are appropriate for each therapy?

BurstDR stimulation is most often appropriate for patients suffering from a wide variety of chronic pain impacting their arms, legs, and back, or chronic pain resulting from Failed Back Surgery Syndrome (FBSS). For most chronic pain patients, BurstDR stimulation will be an ideal choice for pain relief.

However patients suffer from CRPS often have specific or isolated pain in one area of the body. These patients have traditionally not responded to SCS therapy but can have improved outcomes with DRG stimulation.

Patients should talk to their physicians about whether BurstDR stimulation or DRG stimulation is more ideal for their specific pain condition.



**Here at Louisiana Pain Specialists, we are proud to announce that we offer both innovative therapies for our patients and are a leading provider of these therapies nation wide. These therapies are offered at our five locations across the Greater New Orleans area.**

**What is HF10 therapy?**

HF10™ therapy, Nevro's high-frequency therapy at 10,000 Hz, represents a significant advance in spinal cord stimulation. Rather than masking pain with paresthesia (a tingling sensation that is uncomfortable for many patients), it treats pain causing nerves directly, resulting in a treatment that is more effective and with no paresthesia. FDA approval for HF10 therapy included superiority labeling over traditional SCS therapy, validating that HF10 therapy reduces pain more effectively in more patients. It's also the only system to be considered "Paresthesia-Free" by the FDA and is also the only SCS system approved by FDA to be used without patient restrictions on driving while receiving therapy. HF10 therapy is backed by several large clinical studies that demonstrate patients receive approximately a 50% greater improvement in pain scores than other SCS therapies.

**At Louisiana Pain Specialists, we believe it is important to offer the latest technological advances in therapies. With HF10 Spinal cord stimulation, patients can experience "paresthesia free" stimulation and profound pain relief. These therapies are offered at our five locations across the Greater New Orleans area.**



When  
**HAPPINESS**  
leaves her speechless, the results say it all.

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**79%**  
of patients with severe back pain or leg pain  
experienced significant relief with HF10 therapy.



### What is MultiWave Technology?

More than 100 million Americans suffer from chronic pain, which can have a devastating impact on quality of life. Patients with pain sometimes experience a fluctuation in location, type and intensity of pain throughout the day or over time. The Precision Montage MRI SCS System from Boston Scientific allows patients to undergo a full-body MRI while benefiting from the pain relief of MultiWave™ Technology. MultiWave Technology enables delivery of multiple waveforms, including burst and higher rates, intended to help respond to changes in pain over time. In an analysis of registry information from 800 patients, it was determined that 72 percent used multiple waveforms to customize their therapy and optimize pain relief.

The new SCS system also expands the suite of Boston Scientific products that leverage the Illumina 3D™ algorithm, a three-dimensional anatomy-driven computer model designed for

simple point-and-click pain targeting to support physicians in treating chronic pain. In addition to the new Precision Montage MRI SCS System, the portfolio includes the **Precision Spectra™ System**, which is designed to provide broad coverage for pain with 32 contacts, and the **Precision Novi™ System**, the smallest high-capacity non-rechargeable device. The LUMINA clinical study has demonstrated 70 percent greater low-back pain relief with the SCS system in the Illumina 3D family, which was maintained out to 24-months.

**At Louisiana Pain Specialists, we believe that a patient should have choices when it comes to relief. Therefore, the MultiWave platform offers patients a variety of treatments via one device. These therapies are offered at our five locations across the Greater New Orleans area.**





# AN INJURED SOLDIER WITH SEVERE CHRONIC PAIN FINALLY GETS HIS LIFE BACK.

**Justin Minyard** — a 33-year old U.S. Army First Sergeant — was forced to retire early due to debilitating chronic pain. He first developed back pain as a result of being a first responder at the 9-11 Pentagon attacks when moving huge pieces of rubble and concrete to help find others, which caused a severe back injury. To make matters worse, he fell 20 meters during a combat mission — further compounding his injuries. After this, Justin struggled for years with serious chronic pain and developed a dependence on the opiate pain meds that were provided as treatment.

**Finally, when Justin was offered the opportunity for Spinal Cord Stimulation (SCS), he jumped at the opportunity.**

“Being able to test drive the product first — meaning having a temporary device put in to see how well it worked for me — was incredibly appealing after all I had been through,” says Justin. “When they first turned the device on, I thought — Test drive over! Let’s just go back upstairs and put the implanted system in!” Three weeks later, he did. And after years of opiate dependence and searching for ways to overcome his pain, Justin has found lasting relief.

Justin says, “Being able to manage my pain has allowed me to serve as the founder of Operation Shifting Gears, a non-profit dedicated to serving injured or disabled veterans, and serve as spokesperson for RaceAgainstPain.com, a community of chronic pain sufferers. I take it upon myself to personally encourage veterans and others suffering from chronic pain to explore options outside of opiate pain relief, such as Spinal Cord Stimulation.”

To find out more about the Boston Scientific SCS system, visit [ControlYourPain.com](http://ControlYourPain.com).  
Learn more about Justin and find other patient stories at [RaceAgainstPain.com](http://RaceAgainstPain.com).

**Confidentiality and Individual Privacy:** Boston Scientific considers all information we have about you to be confidential, including the fact that you have a Boston Scientific medical device(s). We maintain physical, electronic and procedural safeguards that maintain the confidentiality of your information. All information about you will be handled in a manner described in the Boston Scientific Code of Conduct and in the Corporate Social Responsibility section of our website [www.bostonscientific.com](http://www.bostonscientific.com). Within Boston Scientific, we restrict access to information about you to only those employees or agents who need access in order to provide products and services to you, your doctor, or to a health care facility providing care to you; for institutional risk management purposes; or where required or permitted by law or regulation.

**Indications for Use:** Boston Scientific’s Spinal Cord Stimulator systems (SCS) are indicated as an aid in the management of chronic intractable pain of the trunk and/or limbs, including unilateral or bilateral pain associated with failed back surgery syndrome, intractable low back pain and leg pain.

**Contraindications.** The Spinal Cord Stimulator systems are not for patients who are unable to operate the system, have failed trial stimulation by failing to receive effective pain relief, are poor surgical risks, or are pregnant. Patients implanted with the Precision Montage™ MRI or Precision Spectra™ Spinal Cord Stimulator System with ImageReady™ MRI Technology are “MR Conditional” only when exposed to the MRI environment under the specific conditions defined in the ImageReady MRI Full Body Guidelines for Precision Montage MRI Spinal Cord Stimulator System and ImageReady MRI Guidelines for Precision Spectra Spinal Cord Stimulator System Manual (Head Only MRI scans). The Precision Montage MRI SCS System provides safe access to Full-Body MRI Scans only when used with the Avista MRI Leads and exposed to the MRI environment under the specific conditions defined in the ImageReady MRI Full Body Guidelines for Precision Montage MRI Spinal Cord Stimulator System.

**Warnings.** Patients implanted with the Precision™ Plus, Precision Spectra, Precision Montage MRI, or Precision Novi™ Spinal Cord Stimulator System without ImageReady MRI Technology should not be exposed to Magnetic Resonance Imaging (MRI). Exposure to MRI may result in dislodgement of the stimulator or leads, heating of the stimulator, severe damage to the stimulator electronics and an uncomfortable or jolting sensation. As a Spinal Cord Stimulation patient, you should not have diathermy as either a treatment for a medical condition or as part of a surgical procedure. Strong electromagnetic fields, such as power generators or theft detection systems, can potentially turn the stimulator off, or cause uncomfortable jolting stimulation. The system should not be charged while sleeping. The Spinal Cord Stimulator system may interfere with the operation of implanted sensing stimulators such as pacemakers or implanted cardiac defibrillators. Advise your physician that you have a Spinal Cord Stimulator before going through with other implantable device therapies so that medical decisions can be made and appropriate safety measures taken. Patients should not operate motorized vehicles or potentially dangerous machinery with therapeutic stimulation switched “on.” Your doctor may be able to provide additional information on the Boston Scientific Spinal Cord Stimulator systems. For a copy of the Boston Scientific Spinal Cord Stimulator Systems Patient Handbook, including the indications for use, contraindications, warnings, precautions, and side effects, call 866.360.4747 or visit [ControlYourPain.com](http://ControlYourPain.com). Caution: Federal (U.S.) law restricts this device to sale by or on the order of a physician.



# Boston Scientific

Advancing science for life™







# CITRUS FRUIT SALAD

## How to Prepare Citrus Fruit Salad



any people rely on cool and refreshing foods to keep a diet balanced.

Cooking outside on the BBQ can be a great way to spend a bit of time in fresh air, and keep your home cooler without a hot oven.

### CITRUS FRUIT SALAD INGREDIENTS:

- 1 pink grapefruit, peeled
- 2 large tangerines
- 3 navel oranges
- 2 tablespoons honey
- 1/4 teaspoon ground cinnamon
- Greek yogurt
- Minced crystallized ginger, to taste

### PREPARATION:

Citrus Fruit Salad – Cut citrus sections into thirds, after peeling fruit. Place grapefruit, tangerines, and juice in a large bowl. Add honey and cinnamon. Cover and refrigerate at least 1 hour. Mix yogurt and ginger in a different bowl then add fruit. (Add brown sugar, or another sweetener if you don't care for the tart taste of Greek yogurt!)



## PAIN RELIEF DOESN'T ALWAYS HAVE TO COME IN A PILL, STUDY FINDS

By Gillian Mohney and Dr. Satyam Nayak



### Serious and chronic pain can be debilitating for patients no matter how many pain relief pills they try.

And as the opioid epidemic has continued to grow in the U.S., many health providers are less willing to prescribe large doses of prescription painkillers, which can lead to addiction.

In an effort to understand what else can be done for chronic pain, besides prescribing strong painkillers, a new study looked at whether alternative forms of pain relief from yoga to massage to meditation could have a measurable effect on pain. SCS is typically prescribed for the treatment of pain in the back, trunk, or limbs.

"We don't believe these approaches will be the [entire answer], but may be used as an adjunct to help reduce the reliance on opioid medications and associated side effects," lead author Richard Nahin, Lead Epidemiologist at National Center for Complementary and Integrative Health, National Institutes of Health (NIH) told ABC News. "What we wanted to get from this review is to understand evidence-based approaches for pain management," focused on alternative treatments.

Researchers from the NIH analyzed 105 previous studies examining alternate forms of pain relief to if they were effective. Their findings were published today in the Mayo Clinic Proceedings. These studies focused on techniques such as acupuncture, massage therapy, relaxation exercises and yoga. They found that these alternate therapies in fact can significantly help those with painful conditions, including back pain, osteoarthritis, fibromyalgia, neck pain, severe headaches and migraines. The researchers found that acupuncture and yoga appeared to be a beneficial alternative

treatments for back pain. For patients dealing with neck pain, studies found that massage therapy was helpful. People dealing with severe headaches or migraines responded well to relaxation techniques as a way to keep their heads from pounding. But, there was one instance of alternate therapy the researchers found was not effective for pain relief, after researching multiple trials: the supplement called glucosamine used for osteoarthritis. Nahin said the goal is to help both patients and health providers consider other options for pain relief besides prescription medications that come with sometimes significant side effects. These tools are not being considered as a full replacement for current methods of pain relief, but a way to supplement current medications.

**"The approach in his practice is to immediately lower the patients' medication dosage once their pain has decreased and also look to alternative therapies"**

Dr. Neil Jolly, an anesthesiologist and interventional pain physician and Partner at Louisiana Pain Specialists, added that the study has provided more evidence that alternate therapies should be considered along with traditional medications.

This article should further increase physician awareness on treating our pain patients with a multi-[prong] approach," said Jolly. "New regulations recently enacted in light of the potentially dangerous side effects of some pain medications, have limited what physicians can prescribe for their patients", he added. "The approach in his practice", he said, "is to immediately lower the patients' medication dosage once their pain has decreased -- and also look to alternative therapies."

# 4 YOGA POSES

## TO EASE LOWER BACK PAIN



Chronic lower back pain is one of the most common reasons patients find themselves visiting their physician.

In today's nonstop world, we're all guilty of putting too much pressure on our bodies. Yoga can offer a great relief for the pain, as well as provide great preventative care for the future. According to a study published in the Journal Archives of Internal

Medicine, people who took yoga or stretching classes are twice as likely to cut back on pain medications for their back aches as people who managed symptoms on their own. Here are some yoga postures for lower back pain. Breathe deeply in and out of the nose while doing these poses.



## 1) SUPINE HAMSTRING STRETCH

Lying on your back, bend your right knee into your chest and place a strap or rolled-up towel around the ball of your foot. Straighten your leg toward the ceiling. Press out through both heels. If the lower back feels strained, bend the left knee and place the foot on the ground.

***Hold for 3-5 minutes and then switch to the left leg for 3-5 minutes.***



## 2) TWO-KNEE TWIST

Lying on your back, bend your knees into your chest and bring your arms out at a T. As you exhale lower your knees to ground on the right. Keep both shoulders pressing down firmly. If the left shoulder lifts, lower your knees further away from the right arm.

***Hold for 1-2 minutes each side.***

## 3) SPHINX

Lying on your stomach, prop yourself up on your forearms. Align your elbows directly under your shoulders. Press firmly through your palms and the tops of your feet. Press your pubic bone forward. You will feel sensations in your lower back, but breathe through it. You are allowing blood flow into the lower back for healing.

***Hold for 1-3 minutes.***



## 4) LEGS UP THE WALL

Scoot your buttocks all the way into the wall and swing your feet up the wall. This pose is excellent for relaxing the muscles of the lower back and drains stagnant fluid from the feet and ankles. Do this pose after a challenging workout and always after traveling by plane.

***Hold for 5-10 minutes.***

Here at Louisiana Pain Specialists, we believe in a multimodal approach to treating your pain. Dr. Tarun Jolly, Dr. Neil Jolly, and Dr. Satvik Munshi are here to help you get on track of your pain effectively at five locations throughout the Greater New Orleans area.



# Got Pain?

If living with pain day after day is negatively affecting your life.....YOU'RE NOT ALONE

Come Join our FREE chronic pain support group!

Jim Walsh, a 30-year chronic pain patient, is the group facilitator. Our support group is open to anyone facing chronic pain in their daily lives. Group members share their stories, listen to speakers, receive supports in an environment of hope and encouragement. You will also learn new ways to cope with the chronic pain in your life.

**New Orleans Healing Center**  
Room 252  
2372 St. Claude Ave  
New Orleans, LA 70117



**American Chronic  
Pain Association**  
New Orleans Chapter

**Contact Jim Walsh for more info**  
504-858-7933  
piratesalleyjim@gmail.com

“I can be myself again”

- Bridget

JenCare patient who was skeptical but tried acupuncture for her back pain



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Some services are not covered under all plans. Check your plan documents for details and service availability at each individual center. Due to space and time limitations, some services are not available at all centers. Limitations, copayments and restrictions may apply.



# GAME THE FOOD WE LOVE WORDFIND

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MUFFULETTAS	JAMBALAYA	CAFE AU LAIT	BBQ SHRIMP
ANDOUILLE	PECAN PIE	DIRTY RICE	KING CAKE
SNOW BALL	CRAB CAKE	RED BEANS	BISCUITS
BEIGNETS	OYSTERS	ETOUFFEE	CRAW FISH
PRALINE	REDFISH	BOUDIN	CHICORY
GRITS	TURTLE SOUP	CATFISH	POBOY
GUMBO	OKRA		



**Dr. Neil Jolly**

Completed ACGME accredited fellowship and anesthesiology residency. He performs a wide variety of advanced interventional procedures. He prides himself on returning to New Orleans and serving the community.



**Dr. Satvik Munshi**

Raised in the New Orleans area, a comprehensive pain management specialist with advanced training in interventional pain therapies, double board certified in pain management and physical medicine and rehabilitation.



**Dr. Tarun Jolly**

The founder of Louisiana Pain Specialists. Double board certified in pain management and anesthesiology, with a strong background in interventional therapies for spine disease and cancer.

# Your Louisiana Pain Doctors!

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## Scheduling An Appointment Is Easy

Call 504-434-7750 or visit us online at [LouisianaPain.com](http://LouisianaPain.com)



## 5 Clinic Locations!